

Finding Your Vocational Fit

The Bonner Community Engagement Curriculum

BWBR Description: *Bonner Curriculum workshop guides participants through questions to help them identify long-term career and vocational interests, important to maximizing their college and Bonner experience.*

Overview: This workshop guides students or participants through questions to help them identify long-term career and vocational interests, important to maximizing their college and Bonner Program or service experience.

Some questions are drawn from Career and Calling by Ginny Ward Holderness with Forrest C. Palmer Jr.:

Category: Career planning and preparation; vocation

Level: Excellent for Sophomore Recommitment or for upper-class students

Recommended Bonner Sequence: While this workshop could work at any level or multiple times, it is a great fit for students as they map out their Bonner Program service work and course work over sophomore or junior year.



**2nd or
3rd year**

Learning Outcomes:

- Participants will deepen and practice their self-reflection and introspective abilities.

- Participants will talk through their interests.
- Participants will explore how their passions and interests can connect with their service and academic work

Materials:

- Copies of attached handouts
- Pens/markers

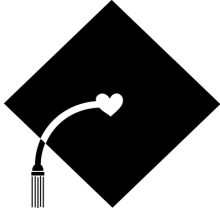
Brief Outline:

Read and prepare handouts. Think about how you want to guide the use of the time to present the questions and have participants work on them, sharing their responses in a combination of pairs, triads, and the group.

The outline has the following parts (modify to cover number):

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|--------------------------------------|---------------------------|
| 1) Warm up or introduction | suggested time 5 minutes |
| 2) Introduce first set of questions | suggested time 5 minutes |
| 3) Time for working and sharing | suggested time 20 minutes |
| 4) Introduce second set of questions | suggested time 5 minutes |
| 5) Time for working and sharing | suggested time 20 minutes |
| 6) Wrap - connect with CLAs | suggested time 5 minutes |

There are not detailed instructions for each of these; use your judgement and the attached worksheets.



Finding Your Vocational Fit:

Questions

1. Quickly list everything you can think of that interests you. What do you just love to do?
2. When you walk into a bookstore or pick up a newspaper, which section do you go to first? What other sections do you visit? Why?
3. What do you enjoy talking about? If you were stuck on a plane for eight hours and the person next to you wanted to talk, what subjects or fields would make the time fly by?
4. When you browse the Web or are on Facebook, what topics or issues do you like to find and follow?
5. Someone has offered to pay you to go anywhere in the world to study for three weeks at any university/school/training program. Where would you go? What would you study?
6. What does this tell you about yourself?

7. How could any of this inform or be connected to your service and Bonner Program work?

From Career and Calling by Ginny Ward Holderness with Forrest C. Palmer Jr.:

1. When you were a little kid, what was one of the things you wanted to be when you grew up?
2. What adjectives would you use to describe yourself?
3. To really know me, you need to know that I...
4. Whose job would you most like to have? How could your service experience prepare you for this job or vocation?
5. Complete this sentence by listing as many things as come to mind: I am... (use nouns, adjectives, whatever.)
6. Are there times when you have felt "called" to do something? How does that differ from simply "doing" things?
7. Are you "called" to work in your current field/major? If yes, what does that feel like? If no, what do you feel "called" to do and why are you not pursuing it?